

Table # 8 & 9	Adults in Midlife
<p>Challenge 1</p> <ul style="list-style-type: none"> •Getting past stigma 	<ul style="list-style-type: none"> ▪Solution= Change entire idea of generation, training churches and mental health professionals, life coaching and preparing for retirement ▪Solution= give audience relatable source
<p>Challenge 2</p> <ul style="list-style-type: none"> • Self- Image 	<ul style="list-style-type: none"> ▪Solution= Support groups ▪Solution= Relatable sources